

Isle of Man Veteran Athletes' Club Autumn Handicap Run and Walk NSC Thursday 16th September 2010

The Isle of Man Veteran Athletes' Club Autumn Handicap 5Km walk and 6 mile run was held at the NSC on Thursday in ideal conditions. There was a disappointing entry for the walk with only seven club members supporting the event which was won by scratch walker Krystina Twizell in an actual race time of 34m 23s. Fastest walker on the night was Jock Waddington who walked a very relaxed race and looks to be in good shape for next weekend's End to End Walk. The run entry was also poorly supported with Stephen Brown taking the honours completing the 12 laps in an actual race time of 39m 33s, and 40s clear of second placed Kevin Vondy who recorded the fastest time on the night. Alison Corlett was the only lady to sign up for this year's run recording 56m 11s over the 6 mile course. Thanks to all the marshals and helpers who far outnumbered competitors on the night and to Manx Harriers for use of their clubhouse.

Autumn Handicap Walk Results: 1. Krystina Twizell race time 34m 23s (actual time 34.23); 2, Jock Waddington 34.46 (24.29); 3, Vinny Lynch 35.03 (26.52); 4, Lisa Motley 35.31 (31.18); 5, Colin Moore 35.31 (33.00); 6, Michael George 35.46 (24.42); 7, Ian Callister 39.20 (32.50)

Autumn Handicap Run Results: 1, Stephen Brown race time 51m 33s (actual time 39.33); 2, Kevin Vondy 52.13 (35.43); 3, Andy Gosnell 52.34 (38.19); 4, Kevin Deakes 52.50 (36.50); 5, Neil Wilson 52.59 (40.29); 6, Paul Cubbon 53.06 (37.36); 7, Barry Moore 53.13 (39.33); 8, Les Brown 54.09 (45.09); 9, Steve Wilmott 54.20 (54.20); 10, Rob Gillanders 54.32 (40.52); 11, Alison Corlett 56.11 (56.11)